

DAGENHAM PARK SUBJECT CURRICULUM

Subject	Physical Education
Year Group	11 (Cambridge National Sports Studies) Exam Board: OCR
Overview	<p>Sport is a key theme in society. This includes both physical and emotional health. The need for people to lead healthy and active rather than sedentary lifestyles is increasingly prominent in respect of government initiatives, and this is reflected in the school curriculum, where PE and sport are prominent.</p> <p>This qualification offers pupils the chance to develop different types of skills through largely practical means; communication, problem solving, team working, evaluation and analysis, performing under pressure, and formulating written findings from practical investigation. All these skills are transferrable and are key skills when looking for employment.</p> <p>The Cambridge Nationals in Sport Studies looks at different sectors within the sports industry, whilst also encompassing some core sport/physical education themes. Pupils can apply theoretical knowledge about different types of sport and physical activity, skills development and sports leadership to their own practical performance. They will learn about contemporary issues in sport such as funding, participation, ethics and role models, and sport and the media. Learners will develop an appreciation of the importance of sport locally and nationally, different ways of being involved in sport and how this shapes the sports industry.</p>
Autumn Half term 1 & 2	<p>During the autumn term, pupils will cover different concepts and ideas in the following topics:</p> <p><u>RO52 - Developing sports skills</u></p> <ul style="list-style-type: none"> • <u>Learning Outcome 1:</u> Be able to use skills, techniques and tactics/strategies/ compositional ideas as an individual performer in a sporting activity • <u>Learning Outcome 2:</u> Be able to use skills, techniques and tactics/strategies/ compositional ideas as a team performer in sporting activity • <u>Learning Outcome 3:</u> Be able to officiate in a sporting activity • <u>Learning Outcome 4:</u> Be able to apply practice methods to support improvement in a sporting activity
Spring Half term 1 & 2	<p>During the autumn term, pupils will cover different concepts and ideas in the following topics:</p> <p><u>RO55 - Working in the sports industry</u></p> <ul style="list-style-type: none"> • <u>Learning Outcome 1:</u> Know the areas of employment within the sports industry

	<ul style="list-style-type: none"> • <u>Learning Outcome 2:</u> Know the skills and knowledge required to work within the sports industry • <u>Learning Outcome 3:</u> Be able to apply for jobs within the sports industry • <u>Learning Outcome 4:</u> Understand the impacts which the sports industry has in the UK
<p>Homework</p>	<p>Pupils are set one piece of homework each week via ‘Show My Homework’. Pupils are encouraged to attend extracurricular clubs. A Timetable is produced for each ½ term to allow a range of sporting opportunities.</p> <p>The school has sports teams in a range of sport and takes part in borough leagues and cups. Fixtures are played throughout the year.</p>
<p>Useful Resources</p>	<p>Welcome To TeachPE.com - TeachPE.com GCSE Physical Education - BBC Bitesize www.ocr.co.uk OCR GCSE Physical Education</p>