

DAGENHAM PARK SUBJECT CURRICULUM

Subject	Physical Education
Year Group	9
Overview	<p>Pupils are taught two hours of Physical Education each week. The schemes of learning are based on the National Curriculum, which ensures pupils are taught a range of sports. The lessons which forms part of their PE Curriculum are creative, challenging and dynamic to ensure learners are stretched to achieve their full potential. Sports are taught for six lessons to promote a comprehensive study of the subject matter.</p> <p>During year 9, pupils will be presented with opportunities to implement and develop the skills and knowledge developed in year 7 and 8. Pupils will be challenged to use skills, techniques and tactics correctly in adapted and competitive scenarios. Pupils will be tested on their ability to make decisions effectively in changing situations and they will also be provided with plenty of opportunities to participate in a range of team and individual sports that place them in direct competition.</p> <p>In year 9, there will be a huge emphasis on pupils' ability to maintain the quality of their technique when competing under pressure, often in match situations. Pupils will analyse their own choices and the choices of others to assess their knowledge and understanding of different ideologies and concepts in sport. Pupils will be presented with plenty of opportunities to officiate, ensuring that they are capable of leading sporting activities in a fair and safe manner.</p> <p>Pupils will develop their ability to develop their techniques in other competitive sports such as Athletics and Gymnastics. They will analyse performance understanding what contributes to high level performance. When judging outcomes achieved by themselves and others, pupils will be able to use analytical reasoning to support conclusions.</p> <p>Pupils will build upon learning in year 7 and 8 and continue to develop the confidence and interest to participate in exercise, sport and activities outside school and in later life. Through Fitness and OAA they will develop effective communication, teamwork skills. Pupils will also gain an understanding of the different methods of fitness and how these can be used so that pupils can maintain a healthy active lifestyle.</p>

<p style="text-align: center;">Autumn Half term 1 & 2</p>	<p>During the autumn term, pupils will learn/develop a range of skills, techniques, and tactics in the following sports:</p> <ul style="list-style-type: none"> • Basketball • Fitness • Football • Netball • Rugby
<p style="text-align: center;">Spring Half term 1 & 2</p>	<p>During the spring term, pupils will learn/develop a range of skills, techniques, and tactics in the following sports:</p> <ul style="list-style-type: none"> • Badminton • Gymnastics • Fitness • Football • Netball • Table Tennis
<p style="text-align: center;">Summer Half term 1 & 2</p>	<p>During the autumn term, pupils will learn/develop a range of skills, techniques, and tactics in the following sports:</p> <ul style="list-style-type: none"> • Athletics • Cricket • Handball • Rounders • OAA
<p style="text-align: center;">Homework</p>	<p>Theory homework will be set throughout the course of the year, particularly when studying Fitness.</p> <p>Pupils are encouraged to attend extracurricular clubs. A Timetable is produced for each ½ term to provide a range of sporting opportunities.</p> <p>The school has sports teams in a range of sport and takes part in borough leagues and cups. Fixtures are played throughout the year.</p>
<p>Useful Resources</p>	<p>Welcome To TeachPE.com - TeachPE.com GCSE Physical Education - BBC Bitesize</p>