

Cambridge National Certificate in Sport (OCR)

What will I learn?

The Cambridge Nationals in Sport Studies take a more sector-based focus, whilst also encompassing some core sport/physical education themes. You will have different types of sport and physical activity, skills development and sports leadership to your own practical performance. You will learn about contemporary issues in sport such as funding, participation, ethics and role models, and sport and the media. You will also gain an opportunity to develop an appreciation of the importance of sport locally and nationally, different ways of being involved in sport and of how this shapes the sports industry.



How will I be assessed?

| Year of Study | Sports Unit | Assessment Method |
|----------------------|---|--|
| Year 10 | R051: Contemporary issues in sport | <ul style="list-style-type: none"> • Written paper • OCR set and marked • 1 hour – 60 marks |
| Year 10 | R052: Developing sports skills | <ul style="list-style-type: none"> • Centre-assessed tasks • 60 marks (60 UMS) • Approximately 10 hours spent on the assessment tasks |
| Year 11 | R053: Sports leadership | <ul style="list-style-type: none"> • Centre-assessed tasks • 60 marks (60 UMS) • Approximately 10 hours spent on the assessment tasks |
| Year 11 | R055: Working in the sports industry | <ul style="list-style-type: none"> • Centre-assessed tasks • 60 marks (60 UMS) • Approximately 10 hours spent on the assessment tasks |

For further information contact:

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Physical Education GCSE

(AQA)

What will I learn?

PE gives students who have a passion for sport and physical activity the chance to study Physical Education in an academic setting. The course allows you to explore key topical areas such as anatomy physiology, sports psychology, skill acquisition and sport and society. Therefore, helping to answer questions such as how do we perform movements in sport, why might some sports performers feel additional pressure at key sports moments and how does the media impact on sport. The course also allows you to develop sporting performances in a range of both individual and team sports activities.



How will I be assessed?

| Year of Study | Component of course | Assessment Method |
|---------------|---|---|
| Year 11 | Paper 1: The human body and movement in physical activity and sport: | <ul style="list-style-type: none">• 1 hour 15minute written exam• 78 marks• 30% of GCSE |
| Year 11 | Paper 2: Socio-cultural influences and well-being in physical activity and sport: | <ul style="list-style-type: none">• 1 hour 15 minutes written exam• 78 marks• 30% of GCSE |
| Year 11 | NEA (Non-Exam Assessment) <ul style="list-style-type: none">• Practical performance in physical activity and sport (assessed in 3 activities)• Performance analysis assessment, analysis and evaluation of one performance in a chosen activity | <ul style="list-style-type: none">• Internal moderation/external moderation• 100 marks• 40% of GCSE |

Progress Routes and Careers:

Studying GCSE in PE or a Cambridge National Certificate in Sport can lead onto further education courses such as A Level PE, Level 3 BTEC Sport, Level 3 Cambridge Technicals in Sport, NCFE Level 3 Certificates in Personal Training and a NCFE Level 3 Diploma in Sports Science. Dependent on the selected educational pathway, this course could lead to a career in sports coaching, teaching, sports nutrition, personal training, journalism, sports development, sports therapy, sports marketing and many more.